

HOW DO I SIGN UP?

BRING OR MAIL REGISTRATION FORM AND FEE TO:

Grace Mennonite Church

630 York Avenue
Lansdale, PA 19446

Form and registration fee may be dropped off at the church between **10:00 a.m.** and **3:00 p.m.**, Tuesday through Friday.

REGISTRATION INFORMATION:

The registration cost per child for **flag football** is **\$99**.
The registration cost per child for **cheerleading** is **\$99**.
Deadline for registration is **August 13, 2011**.
Please make checks payable to **GMC Upward**.

**Football jerseys and flag belts OR cheerleading skorts, mock turtlenecks, and pom poms are included in the registration cost.*

EVALUATIONS AND FITTINGS:

Everyone **must** attend one flag football evaluation or cheerleading orientation.

Fittings for jerseys and cheer uniforms will be done at evaluations.

They will take place at **Grace Mennonite Church** as follows:

K5 through 8th Grade Boys/Girls Flag Football/Cheerleading

Last Names **A through M**

Saturday, July 30, between 10:00 a.m. and 1:00 p.m.

Last Names **N through Z**

Saturday, August 6, between 10:00 a.m. and 1:00 p.m.

LEAGUE SCHEDULE:

Practices Begin - **Monday, August 29, 2011**

Teams will practice only once a week.

First Game - **Saturday, September 24, 2011**

All games and practices will take place at Christopher Dock High School, 1000 Forty Foot Road, Lansdale, PA.

Cleats allowed, not required.

FOR MORE INFORMATION:

Call Karen Del'Marmol at 215.855.7718
or send an email to gmflagfb@gmail.com



11/12

UPWARD FLAG FOOTBALL AND CHEERLEADING REGISTRATION FORM

PARTICIPANT CONTACT INFO:

I AM REGISTERING MY CHILD FOR: FLAG FOOTBALL CHEERLEADING

Last Name _____ First Name _____ MI _____ Gender _____ Grade (11-12 school year) _____

Address _____ Date of Birth _____ / _____ / _____
Month Day Year

City _____ State _____ Zip _____

Home Phone () _____ Parent's Cell () _____

Father/Guardian Email _____

Mother/Guardian Email _____

Church (If you regularly attend church, which one?) _____ (other player must also list your child as their carpool link)

Participant Information Notes (if any) _____ How many years has your child played organized flag football? _____

SIZING: (COMPLETED AT EVALUATIONS/ORIENTATIONS)

Flag Football Jersey/Cheer Top Size (circle one):

YXS YS YM YL YXL/AS AM AL AXL

Cheer Skort Size (circle one):

YXS YS YM YL YXL/AS AM AL AXL

Cheer Mock Turtleneck Size (circle one):

YXS YS YM YL YXL/AS AM AL AXL

EVALUATIONS: (COACHES USE ONLY)

Cone Weave (Time) _____ **Shuttle Run (Time)** _____

Pattern Run (Time) _____ **Moving Catch (1-5)** _____

30 Yard Dash (Time) _____ **Line Pass (Best of 3)** _____

Inner Tube Pass (Total of 3) _____

PAYMENT:

Participant Fee : \$ _____

OFFICE USE ONLY

PAID	<input type="text"/>	PAYMENT TYPE	<input type="text"/>	AMOUNT	<input type="text"/>
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PLEASE BE SURE TO FILL OUT STEPS 1-5

PARENT/GUARDIAN INFORMATION:

1 Father/Guardian
Work Phone () _____
I would like to assist this league by being a: COACH REFEREE TEAM PARENT

2 Mother/Guardian
Work Phone () _____
I would like to assist this league by being a: COACH REFEREE TEAM PARENT

3 Emergency Contact
Daytime Phone () _____
Evening Phone () _____

For a larger print version of these terms and conditions please visit www.upward.org/largerfont

PLEASE READ CAREFULLY AND SIGN BELOW TO INDICATE YOUR AGREEMENT.

NOTE: THIS FORM INCLUDES A RELEASE OF LIABILITY.

Please review and complete the sections below and sign in the space provided to indicate your agreement with all statements made in such sections.

AUTHORIZATION AND RELEASE OF LIABILITY

I, the parent or guardian of the above-named child, authorize the participation of my child in the Upward Unlimited (also doing business as "Upward Sports") athletic program (the "Program") of the above-named Church. My child will participate in the Upward sport denoted on this brochure.

I understand that this Program is a nonprofit Christian sports ministry program for youth and that my child's participation is voluntary and not essential to completion of requirements of any program, school or government agency. I understand that the Program is conducted by the Church and its volunteers and staff, including parents of other participating children. I also understand that the Church is solely responsible for all aspects of the Program including selection and supervision of all persons conducting the Program, and that Upward Sports is not responsible for the Program or selecting and supervising persons conducting the Program. I further understand and agree that my child's participation in athletic and other activities of the Program necessarily involves the risk of injury and even death from various causes, including but not limited to accidents, falls, strenuous and prolonged physical activity, dehydration, illness, collision or dispute with other participants, weather related injuries, playing area and equipment defects, and negligence of coaches and referees. On behalf of my child, me, and my family, I assume these risks. In consideration of the privilege of my child's participation in the Program, and on behalf of my child and me as parent/guardian, I hereby release, discharge, hold harmless and indemnify, and covenant not to sue, the Church and Upward Sports, and all of the Church's and Upward Sports' directors, officers, elders, trustees, deacons, employees, volunteers, insurers, agents and representatives, and all other persons associated with the Program (including without limitation any other participating churches, sponsors, parents, vendors, coaches and other game and event workers, officials, drivers, and organizations) as to any and all claims of my child, me and other family members for personal injuries suffered by my child, property damage, medical expenses, and economic loss arising directly or indirectly out of my child's participation in the Program, and any first aid, medical care or treatment provided to my child in the event my child is injured or becomes ill while participating in Program activities, and excepting claims that may not be released under applicable law. This Release of Liability shall be as broadly construed as allowed by law to include all claims and rights that the child, that I as parent/guardian, and that other family members may have. I am a legally responsible parent or guardian of my child. If any provision of this Release of Liability is deemed invalid, the remaining provisions shall remain in full force and effect. This Release of Liability shall be binding on me, my family, heirs, next of kin, legal representatives, beneficiaries, successors and assigns I hereby authorize the Church and Upward Sports to use, reproduce, distribute, display, and to license others to use, reproduce, distribute, and display, my child's image, and photograph, as well as any video, digital, or audio recording or reproduction, in connection with external and internal communications of the Church and Upward Sports for the sole purpose of advancing Upward Sports programs. By providing your email address, you agree to be included in occasional surveys from Upward Sports at which time you will have the opportunity to unsubscribe.

MEDICAL CONDITIONS

I understand that participation in the Program may involve strenuous and prolonged physical activity. I agree that my child is healthy and able to participate in the Program activities.

I understand that the Church or its representatives may request health information concerning my child and/or ask my child to undergo a medical exam. If the Church determines that my child does have a physical or mental condition that may affect his/her ability to safely and appropriately participate in Program activities, the Church may determine that my child cannot be permitted to participate. I understand and agree that, while the Church desires that all children will be able to participate, such decisions may have to be made out of concern for the best interests of my child and other participants.

CONSENT TO MEDICAL TREATMENT

In the event my child is injured or becomes ill in Program activities, and if I, the parent or guardian of the above-named child, am not present to make medical decisions, I hereby authorize the Church, its staff, volunteers including volunteer parent participants, coaches, assistant coaches, and referees, supervisors and drivers, to arrange for and consent on my behalf to emergency medical and dental care and treatment, including tests and radiological exams, and surgery, and hospital care and treatment, and to consent to medications for pain and other conditions as prescribed by medical personnel attending my child. I am responsible for payment of any medical charges or expenses not covered by my insurance or the insurance applicable to my child (if any). My signature below indicates that all information provided in this form is true and accurate, and that I fully agree to all statements made on the form, including but not limited to the Authorization and Release of Liability, Medical Conditions, and Consent to Medical Treatment. Each responsible parent/guardian should sign.

4 Signature: _____
Printed Name: _____ Date: _____

Signature: _____
Printed Name: _____ Date: _____

5 If only one parent/guardian signs this form, the following must also be signed:

I affirm that this form was signed by only one parent/guardian because (1) I am the sole parent/guardian responsible for the care and custody of the child due to death or incapacity of the other parent/guardian or court order, or (2) I have made a good faith effort to obtain the signature from the other parent/guardian but have not been able to do so due to causes beyond my control, and I am not aware of any reason that the other parent/guardian objects to the child's participation in the Program.

Signature: _____
Printed Name: _____ Date: _____
BRC32166 UPW31588

Cut here and keep